


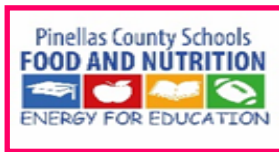


October 2024 Pre-K In Class Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For Menu & Nutrition Information or to download the app on your device Visit MealViewer.com</p> 	<p>1 Max Snax Quesadilla (WG) Chicken Cheese Quesadilla Sliced Cucumber Side Salad Salsa Cup Orchard Canned Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>2 Popcorn Chicken (WG) w/ Roll (WG) Mashed Potato & Gravy Seasonal Fresh Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>3 Chicken & Vegetable Dumplings w/ Chicken Fried Rice (WG) Romaine Side Salad Sun Sweet Dried Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>4 Hamburger on a Bun (WG) Cheeseburger on a Bun Country Baked Beans Seasonal Fresh Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
<p>7 Chicken Tenders (WG) & Waffles (WG) Corn Niblets Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>8 Cheese Max Sticks (WG) Santa Fe Black Beans Marinara Sauce Cup Orchard Canned Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>9 Teriyaki Beef Dippers w/ Rice & (WG) House Mixed Side Salad Seasonal Fresh Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>10 Big Daddy Cheese or Pepperoni Pizza (WG) Green Beans Sun Sweet Dried Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>11 Chicken Penne Alfredo w/ Garlic Bread (WG) Broccoli Florets Seasonal Fresh Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
14	15	16	17	18
<p>No School for Students Pro-Ed Day</p> 	<p>Beef or Pork Tacos w/ Soft Shell Tortillas (WG) Refried Fiesta Beans Orchard Canned Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>Macaroni & Cheese (WG) Broccoli Florets Seasonal Fresh Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>Crispy Chicken Sandwich (WG) Deli Roasted Potato Sun Sweet Dried Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>Breakfast for Lunch (WG) Carrot Dippers Side Salad Seasonal Fresh Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
<p>21 Grilled Cheese (WG) Grilled Ham & Cheese Glazed Carrots Seasonal Fresh Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>22 Max Snax Quesadilla (WG) Chicken Cheese Quesadilla Sliced Cucumber Side Salad Salsa Cup Orchard Canned Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>23 Popcorn Chicken (WG) w/ Roll (WG) Mashed Potato & Gravy Seasonal Fresh Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>24 Chicken & Vegetable Dumplings w/ Chicken Fried Rice (WG) Romaine Side Salad Sun Sweet Dried Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>25 Hamburger on a Bun (WG) Cheeseburger on a Bun Country Baked Beans Seasonal Fresh Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
<p>28 Chicken Tenders (WG) & Waffles (WG) Corn Niblets Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>29 Cheese Max Sticks (WG) Santa Fe Black Beans Marinara Sauce Cup Orchard Canned Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>30 Teriyaki Beef Dippers w/ Rice & (WG) House Mixed Side Salad Seasonal Fresh Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>31 Big Daddy Cheese or Pepperoni Pizza (WG) Green Beans Sun Sweet Dried Fruits Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	



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